

Summerfields

PRIMARY SCHOOL



Relationships and Sex Education Policy

Reviewed: 7th July 2016

Next Review: 7th July 2019

Signed:

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SUMMERFIELDS PRIMARY SCHOOL
RELATIONSHIPS AND SEX EDUCATION POLICY

RATIONALE

Relationships and Sex Education provides and an understanding that caring environments are essential for the development of a positive self-image and that individuals are in charge of and responsible for their own bodies and minds. It encourages the acquisition of skills and attitudes, which allows pupils to manage their own relationships within a healthy and responsible lifestyle.

AIMS AND EXPECTATIONS:

We aim to offer a programme that recognises that the foundation of Relationships and Sex Education is the development of self-esteem and positive relationships with others. Relationships and Sex Education is linked to the wider aspects of the Citizenship and PSHE curriculum.

We aim to promote the spiritual, moral, cultural, mental and physical development of the children and prepare them for the opportunities, responsibilities and experiences of adult life.

Objectives:

- To know that human beings develop at different rates
- To know that we are all different and of equal value for which we must learn to take responsibility
- To know that we have feelings which affect others
- To know that babies have specific needs
- To be able to name all the parts of a human body
- To learn how to keep yourself safe
- To appreciate the ways in which people live and work together
- To know about the human life cycle
- To develop an awareness of all loving, caring, "family" relationships

Content

The relationships and Sex Education curriculum will provide information and answer questions in a way that is easy to understand and relevant and appropriate to the age and maturity of the children. It will promote the exploration and clarification of values and attitudes. Content will be taught in topics, which will be developed in greater depth each year. However, if children ask relevant questions, these will be answered in a sensitive and age appropriate manner.

Who will teach this content?

Class teachers will teach the majority of the Relationships and Sex Education curriculum with support from outside agencies, such as the school nurse. Generally, it will be taught as a whole class but some activities, especially in Year 3 and Year 4, may be covered with smaller or single sex groups.

Working with parents

Parents may not withdraw their children from parts of the Relationships and Sex Education programme that are compulsory elements of the National Curriculum. However, parents wishing to raise a concern should speak to the class teacher.

Child Protection

Teachers will refer to the school policy and the Council's Child Protection procedures and guidelines.

Guidelines

- Relationships and Sex Education is part of a whole school approach that should be planned and progressive.
- Acknowledgement should be made of children's different starting points.
- Work should be integrated within the curriculum, mainly undertaken by class teachers with support of outside agencies.
- The views of parents and governors should always be considered.

Relationships and Sex Education content guidelines

These topics may be covered during Science, RE, PSHE or Circle Time:

Reception

- People in my life: what I do for them and what they do for me
- My moods, feeling happy/sad
- Friendships
- My body and other people's bodies: similarities and differences
- The beginning of life: me, animals and plants
- Growth in people, animals and plants

Year 1

- My moods
- Friendships
- Labelling parts of the body

- How we grow, sequencing the life of a person
- Relationships: groups, community, family, school
- Females have babies whether animal or human
- Keeping healthy
- Marriage/stable relationships
- Celebrations, marriage in churches

Year 2

- Changes as we grow
- Feelings in families
- What helps people to get on with each other
- What makes me happy
- What I like or don't like about other people
- Keeping safe
- Caring for myself: hygiene, sleep, exercise, etc
- Inside my body: functions of different parts

Year 3 and 4

- Feelings: things that make me happy, embarrassed, etc
- Difficult situations: teasing, bullying, etc
- Changes in my own body and in those of others, eg menstruation
- Learning to use correct terms for parts of the body
- Keeping healthy: exercise, diet
- Friendships: how we make and lose friends
- Making decisions, influences on me
- Keeping our bodies safe, eg knowing the difference between good touch and bad touch
- Varied lifestyles in the class and community: differences and how we feel about them
- Appropriate relationships
- Why people get married

Year 5

- Families and how they behave
- Decision making and risk taking, eg teasing and bullying
- Keeping healthy: exercise, diet, the immune system
- Stages of life and life cycles
- Smoking and drugs

Year 6

- Celebrations of birth, christening, puberty, marriage and death in different cultures
- Expressing feelings and how we do this, eg being assertive, not bullying

- Differences and similarities in people
- Feelings about the future, eg changing schools
- Changes in my own body and in those of others
- How babies begin and are born - how they grow

Signed:

Date: